

Curriculum vitae

Mariel Nöhre Privatdozentin Dr. med.
d. o. b. May 12th, 1991

Current position Senior Physician and Clinician Scientist, Department of Psychosomatic Medicine and Psychotherapy, Hannover Medical School

Scientific and clinical career summary

Since 2025 Principal Investigator Deutsches Zentrum für Lungenforschung (DZL)
Disease Area: Regeneration and Organ Replacement

Since 04/2024 Senior physician and head of the outpatient clinic and consultation service of the Department of Psychosomatic Medicine and Psychotherapy, Hannover Medical School

2023 Expansion of the venia legendi in Psychosomatic medicine and Psychotherapy

Since 04/2023 Specialist/ Consultant in Psychosomatic Medicine and Psychotherapy, Hannover Medical School

2022 Habilitation in Experimental Psychosomatic Medicine and Psychotherapy (“Psychosomatic Aspects in Organ Transplantation”)

2021 Ellen Schmidt Habilitation Program of Hannover Medical School

07/2017 – 04/2023 Resident in Psychosomatic Medicine and Psychotherapy, Hannover Medical School

2017 Dissertation (Dr. med.)

2013-2014 StrucMed program

2010-2017 Study of medicine, Hannover Medical School

Awards

2019 Poster prize of the German Transplant Society (DTG)

2020 Poster prize of the German Center for Lung Research (DZL)

2020 Günter Jantschek Research Award for Psychosomatics in Internal Medicine, German College of Psychosomatic Medicine (DKPM)

2022 Research award prize of the German Transplant Society (DTG)

2022 Poster prize of the German Obesity Society (DAG)

Additional professional activities

Since 2026 Chair of the “Psychosocial Care” group of the European Platform on Ethical, Legal and Psychosocial Aspects of Organ Transplantation (ELPAT) of the ESOT

Since 2026 Co-chair of the working group “organ transplantation” of the German College of Psychosomatic Medicine (DKPM)

Since 2025 Chair of the commission “Psychosomatics/ Psychology” of the German Transplant Society (DTG).

Since 2023 Member of the scientific advisory board of the German living donation registry (SOLKID-GNR and SOLiD-GNR)

Since 2023 Board member of the German Society for Behavioral Medicine (DGVM)

Scientific focus Clinical research; psychosomatic aspects in organ transplantation; post-covid-19 condition, mental disorders in internal medicine and primary care; eating disorders; obesity

Citation record Total citations (Google Scholar, 07.04.2026): 744, h-index 16, i10-index 23

Top 10 Selected Publications

Nöhre M, Klewitz F, Bauer-Hohmann M, Kyaw Tha Tun E, Lieb M, Erim Y, Tegtbur U, Schiffer L, Pape L, Schiffer M, de Zwaan M. Frequency and correlates of non-adherence in a large sample of adult patients after kidney transplantation: A cross-sectional KTx360° substudy. *J Psychosom Res.* 2025;201:112474. doi: 10.1016/j.jpsychores.2025.112474.

de Zwaan M*, **Nöhre M***, Klewitz F, Bauer-Hohmann M, Kuczyk C, Erim Y, Schiffer L, Meier D, Wolff JK, Tegtbur U, Pape L, Schiffer M. Longitudinal Course and Baseline Predictors of Trajectories of Clinician-assessed Adherence to Immunosuppressant Medication in Patients after Kidney Transplantation: A KTx360° Substudy. *Transplant Direct.* 2025;11(8):e1813. doi: 10.1097/TXD.0000000000001813. *Both authors share first authorship

Sadlonova M, Herbeck Belnap B, Becker I, Bersch K, Geiser F, Adenauer V, Hellmich M, Kindermann I, Zimmer A, Michal M, Ghaemi Kerahrodi J, **Nöhre M**, de Zwaan M, Petersmann A, Müller-Kozarez I, Ehlers M, Wachter R, Albus C, Herrmann-Lingen C; TEACH investigators. Efficacy of team-based collaborative care for distressed patients in secondary prevention of chronic coronary heart disease: Results from the multicenter, randomized controlled TEACH trial. *Psychother Psychosom.* 2025;94(5):324-342. doi: 10.1159/000545865.

Pape L, De Zwaan M, **Nöhre M**, Klewitz F, Kyaw Tha Tun E, Prüfe J, Schiffer L, Gertges R, Schieffer E, Albrecht A, Boeck HT, Kliem V, Wolff JK, Ludolph P, Talamo J, Nolting HD, Lieb M, Erim Y, Krusemark H, Gefeller O, Kaiser I, Tegtbur U, Schiffer M; KTx360°-Study Group. A multimodal aftercare intervention improves the outcome after kidney transplantation - results of the KTx360° aftercare program using claims data. *EClinicalMedicine.* 2024;73:102652. doi: 10.1016/j.eclinm.2024.102652.

Leifeld S, de Zwaan M, Albayrak Ö, Einecke G, **Nöhre M**. Live Donor Assessment Tool (LDAT): Reliability and validity of the German version in living kidney donor candidates. *J Acad Consult Liaison Psychiatry.* 2023;64(5):429-435. doi: 10.1016/j.jaclp.2023.03.002.

Westenberger A, **Nöhre M**, Brähler E, Morfeld M, de Zwaan M. Psychometric properties, factor structure, and German population norms of the multidimensional fatigue inventory (MFI-20). *Front Psychiatry.* 2022;13:1062426. doi: 10.3389/fpsy.2022.1062426.

Birkefeld K, Bauer-Hohmann M, Klewitz F, Kyaw Tha Tun EM, Tegtbur U, Pape L, Schiffer L, Schiffer M, de Zwaan M, **Nöhre M**. Prevalence of mental disorders in a German kidney transplant population: Results of a KTx360°-Substudy. *J Clin Psychol Med Settings.* 2022;29(4):963-976. doi: 10.1007/s10880-022-09861-0.

Nöhre M*, de Zwaan M*, Bauer-Hohmann M, Ius F, Valtin C, Gottlieb J. The Transplant Evaluation Rating Scale predicts clinical outcomes 1 year after lung transplantation: A prospective longitudinal study. *Front Psychiatry.* 2021;12:704319. doi: 10.3389/fpsy.2021.704319.

* Both authors share first authorship

Nöhre M, Paslakis G, Albayrak Ö, Bauer-Hohmann M, Brederecke J, Eser-Valeri D, Tudorache I, de Zwaan M. Factor analyses and validity of the Transplant Evaluation Rating Scale (TERS) in a large sample of lung transplant candidates. *Front Psychiatry.* 2020;11:373. doi: 10.3389/fpsy.2020.00373.

Nöhre M, Albayrak Ö, Brederecke J, Claes L, Smits D, Tudorache I, de Zwaan M. Psychometric properties of the German version of the Pulmonary-Specific Quality-of-Life Scale in lung transplant patients. *Front Psychiatry.* 2019;10:374. doi: 10.3389/fpsy.2019.00374.