Curriculum Vitae

Mustafa Abdo Priv.-Doz. Dr. med.

d.o.b. August 15th, 1989, in Amman, Jordan

University Education

2024 Habilitation, Venia Legendi, Internal Medicine, CAU-Kiel

2021 Doctorate Medicine, Georg-August-University of Göttingen

2014 Bachelor of Medicine and Bachelor of Surgery, University of Mutah - Jordan

Scientific Career

Since 2025 Senior attending respiratory physician at UKSH- Kiel

Since 2023 Principal Investigator (PI) at the German Center for Lung Research

Since 2023 Specialist in Internal and respiratory medicine

Since 2019 Clinical research fellow at the LungenClinic Grosshansdorf

Since 2019 Member of the executive board of the ALLIANCE cohot

Since 2022 PI & Sub-Investigator for COPD Projects (CATALINA-ERS study)

2019–2023 Assistant physician at LungenClinic Grosshansdorf,

2017–2019 Assistant physician at Lung Specialist Clinic Immenhausen

2016–2017 Assistant physician at St. Franziskus Hospital Mönchengladbach

Awards and Honors

2023 Clinical abstract prize of the German Respiratory Society

2025 Clinical Research prize of the German Respiratory Society

Top 10 selected Publications

1- **Abdo M**, Trinkmann F, Ewert R, et al. High Oscillometry-derived Airway Resistance Is Associated with FEV1 Decline and Future Abnormal Spirometry in Smokers with Initially Normal Spirometry. **Am J Respir Crit Care Med**. 2025;211(11):2142-2145.

2- **Abdo M**, Watz H, Trinkmann F, et al. Oscillometry-defined Small Airway Dysfunction in Tobacco-exposed Adults with Impaired or Preserved Airflow. **Am J Respir Crit Care Med**. 2025;211(9):1652-1661.

3- **Abdo M**, Watz H, Alter P, et al. Characterization and Mortality Risk of Impaired Left Ventricular Filling in Chronic Obstructive Pulmonary Disease. **Am J Respir Crit Care Med.** 2025;211(3):477-485.

4- **Abdo M**, Kirsten AM, von Mutius E, et al. Minimal clinically important difference for impulse oscillometry in adults with asthma. **Eur Respir J.** 2023;61(5):2201793.

5- **Abdo M**, Pedersen F, Kirsten AM, et al. Association of airway inflammation and smoking status with IL-33 level in sputum of patients with asthma or COPD. **Eur Respir J.** 2024;64(3):2400347.

6- **Abdo M**, Reck M, Stiebeler S, et al. Clinically relevant change in airway wall thickness to identify disease activity in COPD and smokers at risk. **Eur Respir J**. 2026; [in press]. doi:10.1183/13993003.00306-2026

7- **Abdo M**, Rabe KF. Seize the Day - Early Detection of COPD. **NEJM Evid**. 2025;4(8): EVIDe2500125.

8- Aung HWW, Vermeersch K, McAuley HJC, **Abdo M** et al. Multidimensional prognostic risk stratification of COPD exacerbations: the baseline, acuity, and trigger (BAt) model. ***Lancet Respir Med*.** 2026;14(2):174-186.

9- Pott, H., Sykes, D. L., Charriot, J., Finney, L., Yang, F., Ramakrishnan, S., **Abdo, M.**, & Couillard, S. (2025). Breathing barriers: bridging lung health, research, and awareness. ***Lancet Respir Med***, 13(8), 665–667.

10- **Abdo M**, Trinkmann F, Kirsten AM, et al. Small Airway Dysfunction Links Asthma Severity with Physical Activity and Symptom Control. ***J Allergy Clin Immunol Pract*.** 2021;9(9):3359-3368.e1.