

## *Curriculum Vitae*

**Martina de Zwaan**      Professor, Dr. med.  
d.o.b. November 07th, 1961, in Vienna, Austria

### **University Education**

1995            Habilitation in Psychiatry and Psychotherapy, University of Vienna  
1986            Doctorate in Medicine, University of Vienna  
1980-1986      Studies of Medicine, University of Vienna Medical School, Austria

### **Scientific Career**

Since 2011      Chair of the Department of Psychosomatic Medicine and Psychotherapy, Hannover Medical School  
2003-2011      Chair of the Department of Psychosomatic Medicine and Psychotherapy, University Hospital of Erlangen-Nuremberg  
Since 2020      Principal Investigator in the German Center for Lung Research (DZL)  
2020-2024      Elected member of the DFG review board (DFG subject area "Clinical Psychiatry, Psychotherapy, Child and Adolescent Psychiatry")  
2018-2021      President of the German Society of Obesity (DAG)  
2018-2022      Coordinator of the AWMF guideline "Psychosocial Assessment and treatment Prior and After Organ Transplantation".  
Since 2017      Extended board member and chairperson of the working group "Psychosomatic Medicine/Psychology" of the German Society of Transplantation (DTG)  
2017-2022      Cooperating partner in the KTX-360° study funded by the Federal Joint Committee  
2008-2013      Coordinator of the workgroup "Weight Loss Maintenance" within the Competence Network Obesity funded by the Federal Ministry of Education and Research (BMBF)  
2006-2014      Coordinator of the "Psychotherapy Network on Eating Disorders" funded by the Federal Ministry of Education and Research (BMBF)  
2001-2002      Guest Professor, Division of Psychiatry and Behavioral Sciences, Department of Neuroscience and School of Medicine and Health Sciences, Fargo, North Dakota, USA  
1995-2001      Senior Psychiatrist, Department of Psychiatry and Psychotherapy, University Hospital of Vienna, Austria  
1994-1995      Senior Physician, Psychosomatic Hospital Bad Bramstedt, Germany  
1990-1991      Eating Disorder Research Fellowship (Schrödinger, FWF), University of Minnesota Medical School, USA  
1986-1994      Residency, Department of Psychiatry and Psychotherapy, University Hospital of Vienna

### **Awards and Honors**

2015-2021      Board member of the German College of Psychosomatic Medicine (DKPM)

### **Citation Record**

*Total citations: 23,953; h-index: 81; h-index since 2017: 51 (Google Scholar July 25<sup>th</sup>, 2022)*

## Top-10 selected Publications

Herzog W, Wild B, Giel KE, Junne F, Friederich HC, Resmark G, Teufel M, Schellberg D, **de Zwaan M**, Dinkel A, Herpertz S, Burgmer M, Löwe B, Zeeck A, von Wietersheim J, Tagay S, Schade-Brittinger C, Schauenburg H, Schmidt U, Zipfel S. Focal psychodynamic therapy, cognitive behaviour therapy, and optimised treatment as usual in female outpatients with anorexia nervosa (ANTOP study): 5-year follow-up of a randomised controlled trial in Germany. **Lancet Psychiatry** 2022; 9(4):280-290. doi: [10.1016/S2215-0366\(22\)00028-1](https://doi.org/10.1016/S2215-0366(22)00028-1).

Nöhre M\*, **de Zwaan M\***, Bauer-Hohmann M, Ius F, Valtin C, Gottlieb J. The Transplant Evaluation Rating Scale Predicts Clinical Outcomes 1 Year After Lung Transplantation: A Prospective Longitudinal Study. **Front Psychiatry** 2021; 12:704319. doi: [10.3389/fpsy.2021.704319](https://doi.org/10.3389/fpsy.2021.704319). \*shared first authorship

Hilbert A, Herpertz S, Zipfel S, Tuschen-Caffier B, Friederich HC, Mayr A, **de Zwaan M**. Psychopathological Networks in Cognitive-Behavioral Treatments for Binge-Eating Disorder. **Psychother Psychosom** 2020; 89(6):379-385. doi: [10.1159/000509458](https://doi.org/10.1159/000509458).

Bendix MC, Stephan M, Nöhre M, Wünsch-Leiteritz W, Schmidt H, Tiegs G, Harder J, **de Zwaan M**. Antimicrobial peptides in patients with anorexia nervosa: comparison with healthy controls and the impact of weight gain. **Sci Rep** 2020; 10(1):22223. doi: [10.1038/s41598-020-79302-1](https://doi.org/10.1038/s41598-020-79302-1).

Klewitz F, Nöhre M, Bauer-Hohmann M, Tegtbur U, Schiffer L, Pape L, Schiffer M, **de Zwaan M**. Information Needs of Patients About Immunosuppressive Medication in a German Kidney Transplant Sample: Prevalence and Correlates. **Front Psychiatry** 2019; 10:444. doi: [10.3389/fpsy.2019.00444](https://doi.org/10.3389/fpsy.2019.00444).

Hilbert A, Herpertz S, Zipfel S, Tuschen-Caffier B, Friederich HC, Mayr A, Crosby RD, **de Zwaan M**. Early Change Trajectories in Cognitive-Behavioral Therapy for Binge-Eating Disorder. **Behav Ther** 2019; 50(1):115-125. doi: [10.1016/j.beth.2018.03.013](https://doi.org/10.1016/j.beth.2018.03.013).

**de Zwaan M**, Herpertz S, Zipfel S, Svaldi J, Friederich HC, Schmidt F, Mayr A, Lam T, Schade-Brittinger C, Hilbert A. Effect of Internet-Based Guided Self-help vs Individual Face-to-Face Treatment on Full or Subsyndromal Binge Eating Disorder in Overweight or Obese Patients: The INTERBED Randomized Clinical Trial. **JAMA Psychiatry** 2017; 74(10):987-995. doi: [10.1001/jamapsychiatry.2017.2150](https://doi.org/10.1001/jamapsychiatry.2017.2150).

Herrmann-Lingen C, Beutel ME, Bosbach A, Deter HC, Fritzsche K, Hellmich M, Jordan J, Jünger J, Ladwig KH, Michal M, Petrowski K, Pieske B, Ronel J, Söllner W, Stöhr A, Weber C, **de Zwaan M**, Albus C; SPIRR-CAD Study Group. A Stepwise Psychotherapy Intervention for Reducing Risk in Coronary Artery Disease (SPIRR-CAD): Results of an Observer-Blinded, Multicenter, Randomized Trial in Depressed Patients With Coronary Artery Disease. **Psychosom Med** 2016; 78(6):704-15. doi: [10.1097/PSY.0000000000000332](https://doi.org/10.1097/PSY.0000000000000332).

Feller S, Müller A, Mayr A, Engeli S, Hilbert A, **de Zwaan M**. What distinguishes weight loss maintainers of the German Weight Control Registry from the general population? **Obesity (Silver Spring)** 2015; 23(5):1112-8. doi: [10.1002/oby.21054](https://doi.org/10.1002/oby.21054).

Zipfel S, Wild B, Groß G, Friederich HC, Teufel M, Schellberg D, Giel KE, **de Zwaan M**, Dinkel A, Herpertz S, Burgmer M, Löwe B, Tagay S, von Wietersheim J, Zeeck A, Schade-Brittinger C, Schauenburg H, Herzog W; ANTOP study group. Focal psychodynamic therapy, cognitive behaviour therapy, and optimised treatment as usual in outpatients with anorexia nervosa (ANTOP study): randomised controlled trial. **Lancet** 2014; 383(9912):127-37. doi: [10.1016/S0140-6736\(13\)61746-8](https://doi.org/10.1016/S0140-6736(13)61746-8).